

Continuing Education

September thru November 2009

*Crystal Mountain
School of Therapeutic Massage
in Albuquerque*



*Free Open House
Demonstrations!*

Sep 15th / Integrative Shiatsu

Sep 22nd / Triad Therapy

Workshop Schedule

September – November 2009

September 2009

- 8 • Ethics – *2 hrs*
- 15 • Open House: Integrative Shiatsu
- 19 • Dual Relationships in Massage Therapy – *4 hrs*
- 22 • Open House: Triad Therapy
- 25, 26, 27 • Integrative Shiatsu I
(Combining Western Science w/ Oriental Healing) – *15 hrs*

October 2009

- 9, 10, 11 • Triad Therapy – *16 hrs*
- 13 • Ethics – *2 hrs*
- 23, 24, 25 • Integrative Shiatsu II
(Combining Western Science w/ Oriental Healing) – *15 hrs*

November 2009

- 20, 21, 22 • Integrative Shiatsu III
(Combining Western Science w/ Oriental Healing) – *15 hrs*

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(Combining Western Science w/ Oriental Healing)	
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HAVE A MODALITY
YOU WOULD LIKE
TO SHARE?



*Crystal Mountain
Wants To Hear From You!*

CONTACT CRYSTAL MOUNTAIN AT
(505) 872-2030
TO DISCUSS YOUR PROPOSAL!

Workshop Descriptions

(tax included with all fees)

Energy Work

Special Open House: Integrative Shiatsu

Gurubhai Khalsa, Instructor

September 15 – 6:00 - 7:30 pm

Integrative Shiatsu Practitioner Training:

Levels I - III

Gurubhai Khalsa, Instructor

Weekend I (15 hrs) / \$320.25 (tax included)

Fri Sept 25, 6-9p | Sat Sept 26, 10a-5p | Sun Sept 27, 10a-5p

Weekend II (15 hrs) / \$320.25 (tax included)

Fri Oct 23, 6-9p | Sat Oct 24, 10a-5p | Sun Oct 25, 10a-5p

Weekend III (15 hrs) / \$3020.25 (tax included)

Fri Nov 20, 6-9p | Sat Nov 21, 10a-5p | Sun Nov 22 10a-5p

55 CE Hours (includes 10 hours of clinical practice - see below)

In this program you will receive 45 hours of instruction and deliver 10 hours of clinical practice with written case studies. We will study structural integration techniques in combination with the Namikoshi Shiatsu style directed at opening minor and major blockages along the nervous system. We will also study the 5 Chinese Elements and the 12 acupuncture meridians with emphasis on the important points that respond best to touch and manipulation to resolve blockages and harmonize this energy system. The Masunaga Shiatsu style will be used to identify Kyo' and Jitsu conditions, the most common imbalances.

Ethics

Ethics:

Judy Gray, Facilitator

Monthly - Second Tuesday, 2:00 - 4:00 pm (see calendar)

2 CE Hours / \$42.75

Topics vary per session.

Dual Relationships in Massage Therapy

Julie Kilpatrick, MD and Judy Gray, Instructors

Oct 4 9:00 am - 1:00 pm

4 CE Hours / \$101.53

Julie and Judy will explore the definition of “dual relationships” as it applies to the profession of massage therapy and bodywork and look at it from a historical

perspective. We will be looking at the spectrum and range of circumstances where the possibilities of dual relationships exist and evaluating the potential risks and consequences involved. We will also address possible ways of setting up boundaries of protection in association with dual relationships.

Original Modalities

Special Open House: Triad Therapy

Gregory Goodson, Instructor

September 22 – 5:30 - 7:30 pm

Triad Therapy

Gregory Goodson, Instructor

Oct 9 6:00 - 8:00 pm & Oct 10, 11 9:00 am - 5:00 pm

16 CE Hours / \$374.63

Gregory has created this therapy based on his study of the theory and practice of various modalities. He evolved this methodology by combining different aspects of several modalities which seemed appropriate for the individual client's needs, based on their presenting symptomology. In this class you will be introduced to aspects of Polarity, Reflexology, Chakra, 5 Element, Jin Shin Do, Astrology, Ayurvedic, Kinesiology, and Acupressure modalities. You will then learn how to apply these aspects to create a treatment plan (based on symptoms presented from your class partner) and then execute that plan.

Register Now!
Call Crystal Mountain a 872-2030

Instructor Bios

Gregory Goodson, LMT (1987), RMTI (1988), Lomi Ha'a Maui Ola Practitioner (1991). Co-founder of Crystal Mountain Apprenticeship in the Healing Arts in Albuquerque, NM (1988-1999) and also of the Lexington Healing Arts Academy in Kentucky (1999-2006). His studies in Lomi have taken him to special programs in Hawaii and Australia to work under world renowned Lomi Masters. Other areas of expertise for Gregory include CranioSacral Therapy (CST), Polarity, Shiatsu, Reiki, SomatoEmotional Release (SER), Chi Gong and Tai Chi.

Judy Gray, LMT (1984), RMTI (1988), Trager™ Practitioner (1985), Certified Infant Massage Instructor (1986), over 1500 CEUs in Cranio Sacral Therapy (CST) (Advanced Training), Healing from the CORE (Advanced Training), Infant Massage, SomatoEmotional Release (SER), and Mari-El. Co-founder of Crystal Mountain Apprenticeship in the Healing Arts in Albuquerque, NM (1988-1999) and also of the Lexington Healing Arts Academy in Kentucky (1999-2006).

Gurubhai Khalsa, LMT (1981), RMTI (1985), over 4000 CEUs in Namikoshi style Shiatsu, Ayurvedic Medicine, Sondra Ray style for Emotional Healing (Rebirthing), Psychosynthesis, Process oriented psychology, Ho'oponopono (Hawaiian healing technique), Body Oriented Trauma Healing, Avatar training, Structural Integration (by Ida Rolf), Deep Tissue Massage, and Foot Reflexology.

Julie Kilpatrick, MD (1988), Dr. Kilpatrick is a Board Certified General, and Child and Adolescent Psychiatrist, and Jungian Analyst in private practice in Albuquerque. She has completed CSI, II & SER through the Upledger Institute; Level I & II of EMDR; is a certified Somatic Experiencing Practitioner, and has trained with Drs. Mary Main and Alan Sroufe in the Adult Attachment Interview and the Strange Situation. She teaches Psychiatry residents in the UNM Dept. of Psychiatry.

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